

Recommend using only all-natural, biodegradable non-toxic soaps whose ingredients. Products should be free of salt (sodium), boron (borax), and most bleaches, although bleach can be used by diverting water to the sewer via the 3-way valve when necessary. In general, liquid soaps will be better for plants than bar soaps.

Even "Natural" body products often contain substances toxic to humans, including parabens, stearylalkonium chloride, phenoxyethanol, polyethelene glycol (PEG), and synthetic fragrances.

Landry Detergent

- Oasis Laundry Detergent (liquid)
- ECOS liquid detergent
- Vaska
- Dr. Bronners liquid soap
- 7th generation liquid soap
- Method laundry soaps
- Biokleen products

Hand and Dish Soap for Sinks

- Oasis All Purpose Cleaner
- Dr. Bronners
- Biokleen
- 7th Generation
- Method
- Toms of Maine
- Castile and glycerin soaps
- any natural liquid or bar soap

Body and Dental Products

- Aubrey Organics
- Toms of Maine
- Desert Essence
- The Honest Company

Others: Read the ingredients! Visit the Cosmetic Database (<http://www.ewg.org/skindeep/>) a project of the Environmental Working Group and enter product name to see how it rates for toxicity.

